

<u>Remedy</u>	<u>Onset/Time of Day</u>	<u>Typical Symptoms</u>	<u>Modalities</u>
ACONITE	FAST <11pm – 12am	FEVER with FEAR, Mind Clear and focused, Restless. Red parts. Thirsty –cold drinks. Dry, CROUPY coughs..	< too many covers, warm room, Exposure to cold, dry winds. warm, stuffy room, Becoming chilled. > OPEN AIR, Rest.
BELLADONNA	FAST < after 3 pm < MIDNIGHT	FEVER with Burning RED DREAMY and GLAZED Burning skin, Thirstless.	< uncovering, slightest touch or JAR, bright light, > covering, sitting.
GELSEMIUM	GRADUAL,< AM or Afternoon. <Cold, Wet weather.	Low Grade Fever MENTAL DULLNESS DROWSY, DIZZY. ACHEY and WEAK. Trembling, DROOPY. Thirstless.	< excitement, EXERTION. > Perspiration.
FERRUM PHOS.	GRADUAL < morning, < 4-6 am.	Low Grade Fever Rawness of THROAT Fatigue, “anemic”. DULL, red throat. Hoarseness. Thirsty – cool drinks.	< motion or exertion, touch. > gentle motion, Warmth.